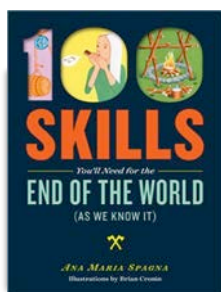
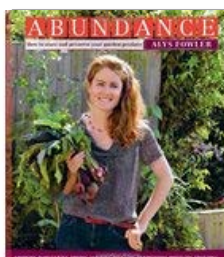


GREEN FOOD IDEAS



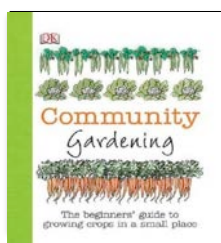
100 skills you'll need for the end of the world (as we know it) by Ana Maria Spagna (2015) 613.69 SPA

A collection of 100 ideas to help you become more self-reliant.



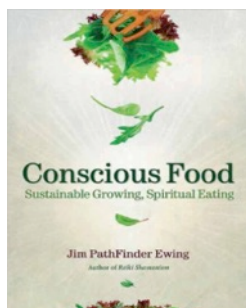
Abundance: how to store and preserve your garden produce by Alys Fowler (2013) 635.4 FOW

Takes you through all the different ways of preserving - bottling, drying, fermenting, freezing, pickling, using sugar - with delicious recipes that make the most of your produce.



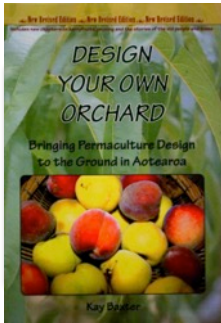
Community Gardening: the beginners' guide to growing crops in a small place by Simon Akeroyd (2013) 635 AKE

Community Gardening has everything you need to leave the supermarket behind in favour of tastier and healthier home-grown fruit and vegetables ...



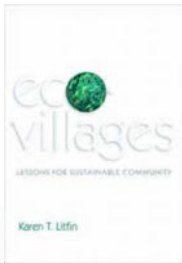
Conscious Food: sustainable growing, spiritual eating by Jim Ewing (2012) 631.584 EWI

Rooted firmly in eco-spirituality, this analysis and guide to reconnecting with edible nature focuses on how modern people can regain Spirit in food individually and collectively.



Design Your Own Orchard by Kay Baxter (2008) 634.0484 BAX

An excellent guide to planning, planting, and caring for a home orchard in New Zealand. Includes stories of the old people and trees. Kay Baxter is the co-founder of the Koanga Institute and a world-renowned expert in seed-saving and permaculture gardening.



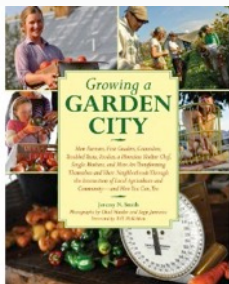
Ecovillages : lessons for sustainable community - Litfin, Karen. (2014) 333.72 LIT

In a world of dwindling natural resources and mounting environmental crisis, who is devising ways of living that will work for the long haul? And how can we, as individuals, make a difference?



Green Urban Living: simple steps to growing food, keeping chickens, worm farming, beekeeping and much more in New Zealand by Janet Luke (2011) 635.0993 LUK

Evokes some of the methods used in traditional Kiwi backyards, with modern concepts like recycling, organics and using water sustainably.



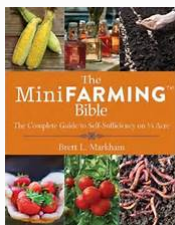
Growing a Garden City: how farmers, first graders, counselors, troubled teens, foodies, a homeless shelter chef, single mothers, and more are transforming themselves and their neighborhoods through the intersection of local agriculture and community – and how you can too by Jeremy Smith (2010) 635.0973 SMI

"Growing a garden city" shares the stories behind one of the country's most remote yet far-reaching experiments in community-based agriculture



Let it rot! : the gardener's guide to composting by Stu Campbell (1998) 631.875 CAM

In 1975, Let it Rot! helped start the composting movement and taught gardeners everywhere how to recycle waste to create soil-nourishing compost. Contains advice for starting and maintaining a composting system, building bins, and using compost.



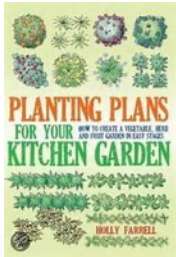
The mini farming bible : the complete guide to self-sufficiency on ¼ acre by Brett L. Markham. (2014) 635 MAR

Presents comprehensive information on starting and maintaining a successful mini farm, including selecting seeds, eradicating pests, and using organic gardening methods.



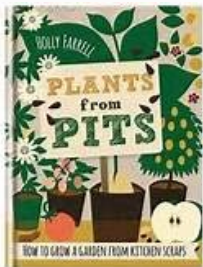
The new art of living green : how to reduce your carbon footprint and live a happier, more eco-friendly life - Palmcrantz Aziz, Erica, (2014) 640 PAL

Presents a guide to living green that offers tips for making lifestyle choices that improve the health of the family and of the Earth, covering such topics as the home, the body, the garden, diet, and spirituality.



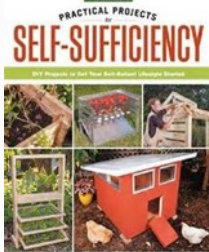
Planting Plans For Your Kitchen Garden: how to create a vegetable, herb and fruit garden in easy stages by Holly Farrell (2013) 635 FAR

All you need to turn your back garden into a productive paradise with modular planting plans for simple beds of vegetables, herbs, fruit and cut flowers.



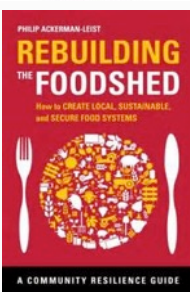
Plants from pips : how to grow a garden from kitchen scraps - Farrell, Holly (2015) 635.0431 FAR

What do avocados, apples, mangos and tomatoes have in common? The answer is that they can all be grown at home, for free, from pips that you would otherwise throw into the recycling bin. This book shows you how to grow a range of fruit and vegetables, indoors and out, with minimum equipment and experience. This complete guide covers everything from the science of how plants grow to how to deal with pests and other problems. Find out what to grow, what to grow it in and when and where to grow it for the best results.



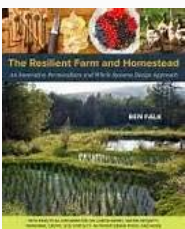
Practical projects for self-sufficiency : DIY projects to get your self-reliant lifestyle started : eat, grow, preserve, improve - Peterson, Chris, (2014) 640 PET

"Complete plans, instructions, and color photos show precisely how to make 30 original projects to help you live a more self-sufficient lifestyle. Have you ever wanted to build your own chicken coop, cider press, or herb-drying rack? ...



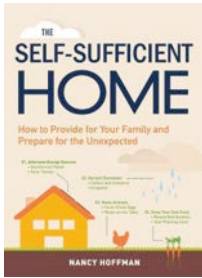
Rebuilding the Food Shed: how to create local, sustainable, and secure food systems by Philip Ackerman-Leist (2013) 338.19 ACK

Showcases some of the most promising, replicable models for growing, processing, and distributing sustainably grown food.



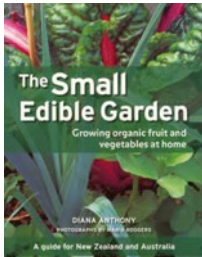
The Resilient Farm and Homestead: an innovative permaculture and whole systems design approach by Ben Falk (2013) 631.58 FAL

A manual for developing durable, beautiful, and highly functional human habitat systems fit to handle an age of rapid transition.

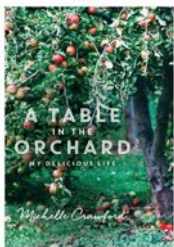


The self-sufficient home : how to provide for your family and prepare for the unexpected - Hoffman, Nancy (2014) 640 HOF

Whether you're looking to lead a healthier life, protect the environment, or save money, *The Self-Sufficient Home* will show you how to transition from your current lifestyle to a self-sufficient one with hundreds of tips that you can start doing right now. ...

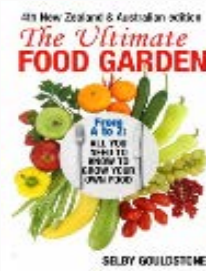


The small edible garden : growing organic fruit and vegetables at home by Diana Anthony (2008) 635.0484 ANT



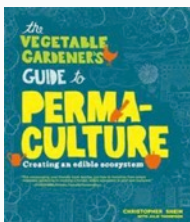
A table in the orchard : my delicious life by Michelle Crawford. (2015) 641.5 CRA

"I dreamed of a rambling old farmhouse where I could grow my own food, learn how to bake cakes and make jam. I wanted to wear gumboots. Every day." ...



The Ultimate Food Garden by Selby Gouldstone (2013) 635 GOU

The 4th Edition of this NZ and Australian classic is full of secrets to growing, nurturing and using hundreds of plants from alfalfa to zucchini and everything in between.



The Vegetable Gardener's Guide to Permaculture: creating an edible ecosystem by Christopher Shein (2013) 631.58 SHE

Teaches gardeners of every skill — with any size space — how to live in harmony with both nature and neighbours to produce and share an abundant food supply with minimal effort.



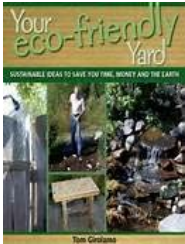
We Want Real Food: the local food lover's bible by Graham Harvey (2008) 613.28 HAR (revised edition)

Our soils are deficient in the essential nutrients, minerals and structures needed to produce quality produce. Everyday fruits and vegetables have significantly lower nutrient contents from those grown 30 years ago. Here is how to fix it.



A year of practiculture by Rohan Anderson. (2015) 641.563 AND

Practiculture is a lifestyle choice. It's about direct involvement in the day to day elements of living, and at the heart of it, the rewarding choice to grow, hunt and forage beautiful, healthy, sustainable food. A Year of Practiculture features 100 of Rohan's simple, rustic, seasonal recipes, as well as his observations, victories and failures, and the realities of living a practical life surrendered to the bounty (and hardships) of the land through the seasons.



Your Eco-Friendly Yard: sustainable ideas to save you time, money and the Earth by Tom Girolamo (2012) 333.72 GIR

Putting economical and sustainable techniques to use, a permaculture expert teaches you how to make positive property decisions that reflect your personality, meet the needs of your lifestyle, and protect the earth.



Zero waste home : the ultimate guide to simplifying your life - Johnson, Bea (2015) 640.286 JOH



Zero waste home : the ultimate guide to simplifying your life by reducing your waste - Johnson, Bea, (2013) 640.286 JOH